



A Suggestion for the Achievement of the Sustainable

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ABSTRACT

Throughout history, human beings have relied on their minds, both in atmospheric conditions and in relations with other animals, due to their deficient abilities throughout their existence in nature. The human, who does not have developed teeth, sharp claws, and cold-proof fur, has eliminated all these deficiencies with his/her mind in order to survive. Designing and producing clothes instead of fur, designing and producing tools instead of claws, (etc.) this can be expressed as a result of mental activation

This process, which has passed from our distant ancestors, who used what is around them in their habitat as they are, to today's modern people who use all kinds of technological possibilities and innovations and eliminate the concept of unproducibility in the sense of form, has been achieved by the mastery of different materials and techniques in many different fields. This mastering; It has progressed by accumulating with discoveries, knowledge of experience, accumulated experiences, and reached the present day.

People who overcome their deficiencies with their mind and production are still developing, Producing and changing with both conventional, traditional and innovative approaches thanks to this accumulation. And one of the areas where this change/development is most questioned can be expressed as the relationship that people establish with shelter.

Shelter has been one of the deficiencies and the basic needs that need to be eliminated throughout the history of humanity, since the time mankind slept and lived in tree hollows and caves. As the "animal without fur" mentioned at the beginning, one of the most necessary elements for human survival in cold climates is shelter. The same shelter element fulfills many functions, from the function of protection from predators to sense of belonging.

These realities, which we do not think much about in today's world (in urban life), actually constitute one of the most basic needs. On the other hand, the increasing population, carbon footprints, and waste materials make the world a difficult place to meet this basic need.

Although living conditions in harmony with nature are available in conventional and traditional production techniques that we already have, today's people are constantly chasing the "new" and "excess" (surplus). Although it is not surprising that people, who have moved away from their essence and reality with capital relations and perception management, are caught in today's dominant search, it is of major importance for the future of both the world and humanity to make a little more foresighted choices. In this context, both the consumer, the producer and the designer should have and create patterns of behavior and mindsets that take care of this sensitivity.

Today, we have many sustainable architectural techniques and sustainable materials compatible with nature in terms of permanent or temporary shelter solutions. Usage patterns, production processes, final product states, atmospheric relations etc. are all known in detail. Many data such as tree houses of Aborigines, adobe structures, the binding of straw as fiber, and the living areas of seasonal agricultural workers are available in the literature as natural structures that are truly sustainable. And many more can already be expressed as practical applications of these conventional and traditional techniques and are easily accessible to those who want.

At this point, it can be said that the important thing is to prefer this accessibility. In other words, although it is technologically and informationally possible to describe and produce a reality in harmony with nature, what makes it possible is the self that will prefer these methodologies.

In the context of sustainable architecture and sustainable cities, many studies have been carried out for years, most of these studies are used as an advertising element, a capital tool, a sales strategy in the context of popular culture and/or subcultures. On the other hand, the concept of sustainability, which is one of the important steps in creating the future and creating a world that can be transferred to new generations, should be a design core where reality occurs in topography rather than being a pop culture or advertising commodity. Just as the object-subject relationship, which is established by the individual within the framework of his own belonging and with any commodity that is important to him, recurs in a careful and protective way, nature itself is the thing that we need to show the most belonging to within our essence existence. Likewise, at the point of contact with nature, we actually exist both in the role of subject and in the role of object. In other words, human beings are obliged to nature to maintain their existence as a product of nature. At this point, as individuals who shape life in architecture and design, sustainability should be one of the most fundamental ultimate goals, and this goal should not be considered as a commercial concern, but rather as a behavior driven by nature itself.

As a result, it can be said that the key to a world that is compatible with nature, sustainable and transferable to future generations; it is individual consciousness, preference and desire rather than technical, technological or cost. This consciousness, as a behavior pattern, does not ignore the natural existence of the individual, on the contrary, it has the opportunity to occur in reality with the expression of a description that it owns and respects. The state of being “natural” – “being one with the natural” as a behavioral pattern will be the most important reason for protecting a tree, creating a natural settlement/shelter relationship, describing a sustainable life.

It can be expressed as an epilogue that raising generations with this behavior pattern will be more valuable and more effective (futuristic) than raising a generation who knows the relevant techniques and materials. Likewise, when the Z generation and today's internet reality are considered, it is very easy and accessible for them to acquire information and learn the material which that wanted. However, their use of this knowledge depends on their preference to use it as mind and behavior pattern, not knowing it.

KEY WORDS: Behavior Patterns, Production, Natural Material, Sustainability, Design